



Helford River Sailing Club

Dinghy Regatta Saturday 18th June 14:00

Briefing 12:30



SAILING INSTRUCTIONS

12.30pm Briefing in Clubhouse 14:00 first race.

Tide BST: LW 11:06 1.1m HW 17:03 4.7m LW 23:28 1.1m

NOTE FOR COMPETITORS (these are for information only and do not form part of the Sailing Instructions)

Provisional results for the Regatta will be posted in the club as soon as possible after racing is completed.

Please advise the race committee of any discrepancies within 30 minutes of posting. Prize giving will be held no sooner than 45 minutes after Regatta results are posted (ie 15 minutes after the closing time for notifying discrepancies)

1. RULES AND CONDITIONS OF ENTRY

1.1. The event will be governed by the Racing Rules of Sailing, the prescriptions of the RYA, the rules of the classes racing (which prevail over these sailing instructions where they conflict) and these sailing instructions. These sailing instructions may be changed or added to by Supplementary Instructions issued to competitors or posted on the Club Notice Board. When these are issued before the first race of the event flag L will not be displayed.

1.2. Entrants and authorised guests are temporary members of Helford River Sailing Club during the period of the event and shall comply with Club Rules and Bylaws. Failure to observe these rules may result in the imposition of penalties, including disqualification from the event.

1.3. The Race Committee may inspect, weigh or measure any boat, sails, gear, or clothing at any time.

1.4. **INSURANCE** - Each participating boat shall be insured with third-party liability insurance with a minimum cover of £3 million.

1.5. **SAIL NUMBERS** or identifying mark on the entry form must tally with that on the sail used on the day.

1.6. **CREWS** – The helm for single-handed and helm and crew for double or more handed boats must be those on the entry form. Whilst crew & helm may swap, any such changes must be notified in writing to the Race Committee.

1.7. **DISCLAIMER OF RESPONSIBILITY** - Competitors participate in the regatta entirely at their own risk. See RRS4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Competitors are entirely responsible for their own safety, whether afloat or ashore, and nothing reduces this responsibility. It is for competitors to decide whether their boat and its helm and crew are fit to sail in the conditions that they might find. By launching or going to sea competitors confirm their boat is fit for those conditions and that they are competent to sail and compete in them. Nothing done by the organizers can reduce the responsibility of the owners and/or competitors, nor will it make the organizers responsible for any loss, damage, death or personal injury, however it may have occurred, as a result of the boat taking part in the racing. The organizers encompass everyone helping to run the event and include the organizing authority, race committee, race officer, safety officer, safety boat personnel and beach masters. The provision of safety boats does not relieve owners and competitors of their responsibilities.

2. NOTICES TO COMPETITORS

2.1. Notices to competitors will be posted on the Event Notice Board.

3. CHANGES TO SAILING INSTRUCTIONS

3.1. Any change to the sailing instructions will be posted not less than one hour before the start of any race affected.

4. SIGNALS MADE ASHORE

4.1. Signals made ashore will be on the jetty. Flag L may also be displayed on a Committee Boat at the jetty.

4.2. When flag AP is displayed ashore, or on a Committee Boat at the jetty (with two sound signals) '1 minute' is replaced with 'not less than 30 minutes' in the race signal "AP".

5. SCHEDULE OF RACES




5.1. Dates, Number of Races and Scheduled Start times

Saturday 18th June 2016	Start A - Fevas	Start B- 4.7's	Start C – PY
Race 1	14:00	14:04	14:08
Race 2	Back to Back after the finish of Race 1		
Race 3	Back to Back after the finish of Race 2		

5.2. No warning signal will be made after 16:30.

6. CLASS FLAGS

6.1. Class flags will be:

CLASS	Flag	
Fevas	F	
Laser 4.7	Class	
PY Classes	O	

7. RACING AREAS

7.1. The racing area may be displayed on the Club Notice Board.

8. THE COURSES

8.1. Courses will be Windward/Leeward with spreader offset mark to port (Fevas) or Trapezoid (PY Classes) as shown below. Marks are all to be rounded to PORT and to be rounded in the order shown below.

8.2. The Start line (see below) will be laid between the leeward mark and the windward mark (approximately 30% up the beat) and will also form the Finish line and the 'Gate'.

8.3. All competitors MUST pass through the 'Gate' upwind on each round BUT MUST NOT pass through the "Gate" when sailing downwind

8.4. The number of rounds is not predetermined and will vary for different classes and speeds of boat.

Course descriptions

	Start A /B – Fevas 4.7's	Start C – PY Classes
Course type	Windward/Leeward	Trapezoid
Mark rounding order	Start – A – A spreader- D – (continue until course is shortened) - Finish	Start – A – B – C – D (continue until course is shortened) - Finish

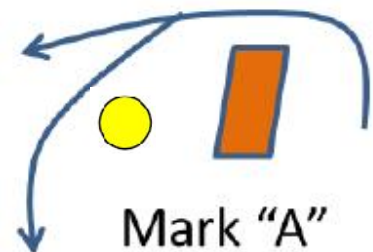
NOTE FOR COMPETITORS (these are for information only and do not form part of the Sailing Instructions). Competitors should continue sailing their respective courses until the race is shortened (see 13.2) after which they **SHOULD CONTINUE** to sail their course and pass through the finish line. **DO NOT** sail directly to the finish once the race is shortened unless you have just passed mark “D”.

AVEARGE LAP RACING: PY handicap racers will race on Average Lap results, meaning: Each lap is timed allowing widely different classes to race within 40 minutes race time under similar conditions race time **WITHOUT** having to complete the same number of laps. Thus a Topper may complete 2 Laps and an RS400 4 but in a similar time.

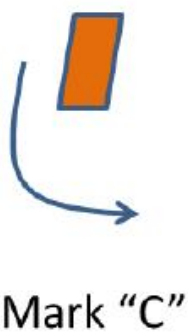
Course diagram



Fevas **ALWAYS** round **Spreader** on W/L course.



ALL boats **MUST** pass though the gate on the upwind – **NEVER** on the downwind



9. MARKS

9.1. Windward Marks A, B, will be FAT Orange Pillar boys, Leeward C and D: Yellow Pillars. Feva & 4.7 spreader a Red Dan. Pin on port start or finish an orange buoy displaying an ORANGE flag.

10. AREAS THAT ARE OBSTRUCTIONS

10.1. A safety boat in close attendance to a craft or competitor in difficulty is an obstruction.

11. THE START

- 11.1. At least one minute before the first starting signal the committee boat will signal to competitors using a series of 4 intermittent sound signals. Competitors should then make their way to the starting area
The Warning Signal will be three minutes before the starting signal and Races will be started using a three minute interval (3,2,1 go) this changes RRS 26. The warning signal for any subsequent starts in a sequence will be made a minimum of one minute after the previous class start.
- 11.2. The Starting Line will be between the mast of the committee boat displaying an ORANGE flag and the port end starting mark, which will be an orange buoy displaying an ORANGE flag.
- 11.3. A boat starting later than 3 minutes after her starting signal will be scored DNS. This changes RRS A 4.2
- 11.4. Boats whose warning signal has not been made shall avoid the starting area.

12. CHANGE OF COURSE

- 12.1. When a race has started the Race Committee may move one or more marks.
- 12.2. When the course to be made good is significantly changed by such alteration, a boat may be stationed near the mark at the start of the leg affected, and may display flag C over a green or red flag indicating the direction of that leg lies either to Starboard or Port respectively of its previous bearing. She will draw attention to the signal by making intermittent sound signals. This changes RRS 33. Similarly shortening or lengthening of a leg will signalled by a + plus or –ve placard.

13. THE FINISH

- 13.1. The normal finishing line will be between the mast of the committee boat displaying an ORANGE flag and the port end starting mark, which will be an orange buoy displaying an ORANGE flag.
- 13.2. SHORTEN COURSE - The meaning of Flag 'S' is changed to the extent that, regardless of where Flag 'S' is displayed on the Committee Boat, the Finish Line will be between the mast of the committee boat displaying an ORANGE flag and the port end starting mark, which will be an orange buoy displaying an ORANGE flag. Competitors should continue to sail their course and proceed through the finish line as normal

14. PENALTY SYSTEM

- 14.1. Competitors are reminded that a one full turn penalty or two full turn penalty may be taken in accordance with RRS 44

15. TIME LIMIT

- 15.1. When no boat completes the first leg of the course in 20 minutes, the race for that class will be abandoned.
- 15.2. Boats failing to finish within 25 minutes after the first boat in her class sails the course and finishes will be scored DNF. This changes RRS 35 and RRS A4.2. When the last boat has finished or the time limit has expired the Race Committee may close the finishing line by lowering all flags

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1. Protest forms are available at the race office. Protest shall be delivered within the protest time limit.
- 16.2. For each class, the protest time limit is 30 minutes after the Regatta provisional results are posted. The same time limit applies to protests by the race committee about incidents they observe in the racing area and to requests for redress. This changes rules RRS 61.3 and 62.2.
- 16.3. Notices will be posted on the notice board within 10 minutes of the last protest time limit of the day to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the sailing club.
- 16.4. Notices of protests by the race committee will be posted on the notice board to inform boats under rule RRS 61.1(b).

16.5. Breaches of instructions 11.4, 18 and 19.2 will not be grounds for a protest by a boat. This changes rule RRS 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

17. SCORING

17.1. The Low Point scoring system, RRS Appendix A will apply.

17.2. There will be no discard races given 3 races.

18. SAFETY REGULATIONS

18.1. Competitors participate in the regatta entirely at their own risk. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

18.2. Adequate personal buoyancy for each crew member shall be worn at all times whilst afloat. Neither a wetsuit nor a dry suit constitutes adequate personal buoyancy. This changes RRS 40 and any competitor that breaches this requirement shall be disqualified from the races affected.

18.3. It is a condition of entry that a Competitor shall comply with the instructions of Safety Boat crews. Any action by these crews solely intended to ensure the safety of a competitor, such as recovering crew or separated components of the boat, provided this does not materially advantage the boat concerned, is not "outside help" as defined in RRS 41 and is not subject to protest from another competitor. The competitor may continue to race. This amends RRS 41.

18.4. Where the Safety Boat crew renders assistance greater than that necessary solely for safety considerations, such as righting or re-orientating the boat, providing spares or effecting repairs, the Safety Boat crew may so advise the competitor who shall retire immediately.

18.5. No action by a Safety Boat when performing activities deemed necessary by the crew for safety reasons will constitute grounds for redress.

18.6. Members and visitors are asked to comply with requests and advice from the safety boat service, whose priority is to help competitors in distress or danger before retrieving boats

18.7. Competitors may be asked to abandon a boat and board a rescue boat.

19. EQUIPMENT AND MEASUREMENT CHECKS

19.1. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat may be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

20. DECLARATIONS

20.1. A boat that does not finish or retires after finishing shall inform the committee boat if convenient directly, or via the closest safety boat giving helm and boat number

21. PRIZES

21.1. Teas and prize giving - Competitors are invited to the Clubhouse after racing for teas and refreshments. The prize giving will take place as soon as possible after results are posted.

22. BRIEFING

22.1. There will be a briefing on Saturday 18th June 2016 at 12:30 in the Clubhouse.