



Helford River Sailing Club  
Helford, Manaccan, Nr Helston, Cornwall  
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Web: [www.helfordriversc.co.uk](http://www.helfordriversc.co.uk)

## Junior Sailing 2017 - Parent/Guardian Form

Completed forms should be sent to the HRSC Office to arrive by noon on **Friday 18th March 2016**. Please include a cheque for £45 per child (made out to "HRSC") and an up-to-date passport-size photograph of your child for the attendance board. Fill in one Parents Form (this one) per application and one Juniors Form per child.

In an effort to be fair to all applicants, should some classes be over-subscribed, applicants will be favoured if:

- They are new to Junior Sailing or they attended well last year
- Parents got involved last year, either on Friday nights or with Junior Racing
- Parents commit to involvement this year (and get qualified where necessary)

Unsuccessful candidates will be notified by Friday 21st April 2017.

Important Information		
First Parent	Name	
	Address	
	Home Phone Number	
	Mobile Phone Number*	
	E-mail Address*	
Second Parent	Name	
	Address	
	Home Phone Number	
	Mobile Phone Number*	
	E-mail Address*	
Your Juniors	Child's Name	
	Child's Name	
	Child's Name	
	Child's Name	

\* This contact information is vital. We will contact you with details of the Junior Sailing programme by e-mail. Last-minute changes will be communicated by mobile phone text message and e-mail. Emergencies will be handled by a phone call to a mobile or a landline.

## Child Protection Officer

This position is currently vacant. The Club is looking for someone to fill this role - If you are interested in taking on this responsibility please get in touch with us. RYA Junior Sailing is not possible without a child protection officer.

## Racing

If your child intends to race at HRSC this season, please fill out the “Under 16 Year-Olds Parental Permission Form” included with the Juniors' Form.

## Permission for photographs

From time to time we take photographs of the Juniors at Regattas and sailing sessions. These photographs are sometimes used on the HRSC website, in the Yearbook, on the notice boards and in promotional materials.

Do you give your permission to use photographs that include your child/children? If so please sign below:

Signed: .....  
.....

Date:

## Health Issues

The Parent/Guardian must provide the Captain Juniors with a written report detailing any medical condition that we should be made aware of. Please send this with your application to the HRSC Office in a sealed envelope marked:

**Confidential - Addressee Only**  
**For the attention of HRSC Captain Juniors**

## Attendance

In order to help us plan the season, please provide any holiday or known absence dates as soon as they are known. Provide details below, or let the HRSC Office or Captain Juniors know as soon as possible.

Known Holidays

## Helping Out

There are many ways parents can get involved this year, and we're going to need as much help as we can get if we are going to continue to offer a broad programme of activities on Friday nights, as well as build on our Racing successes. **All parents are required to help with rigging and recovery, and to be on-site throughout the evening.**

Please fill in the form below to indicate your interest in getting involved with the following areas:

1. Rigging and Recovery Assistants (Friday nights). All parents please! The children must learn to rig, launch and land on their own, but parents should help out and learn themselves at the beginning of the season.
2. Child check-in and First Aid (Friday nights). Responsible for attendance record, wrist bands, accident reports, cut and grazes. **Needs a First Aid cert.**
3. Shoreside Safety Coordinator (Friday nights). Responsible for VFH radios, radio charging and the white board. **Needs a VFH licence.**
4. Dinghy Park Coordinator (Friday nights). Choreographs the movement, rigging, launching, recovery and storage of the 30+ junior boats, to allow the kids to get out onto the water as quickly and safely as possible.
5. Safety Boat Drivers and Crew (Friday nights, and occasional weekends). Responsible for the on-water safety of a class of up to nine children. **Needs Powerboat Level Two qual (Safety Boat qual is a bonus), VHF licence, and someone in the Rescue Boat must have a First Aid cert.**
6. Safety Boats (Friday nights, and occasional weekends). Would you be willing to use your own boat as a Safety Boat?
7. Home Race Coordinator (Occasional weekends). Responsible for entry forms / fees, course setting, Committee Boat inc flags, horns, timings, handicaps and results.
8. Away Racing Coordinator (Occasional weekends). Responsible for coordinating the HRSC presence at away racing events - Sailors, boats, transportation of dinghies and race reports.

## Helping Out, Qualifications and Training:

I'd like to help with:	Parent One	Parent Two
Rigging and Recovery Assistants	✓	✓
Child check-in and First Aid		
Shoreside Safety Coordinator		
Safety Boat Driver		
Safety Boat Crew		
You can use my boat as a Safety Boat		
Home Race Coordinator		
Away Race Coordinator		

If you'd like to be trained so that you can help, please let us know below.

I have these qualifications:	Parent One	Parent Two
E.g. First Aid	Yes - June 2012	Train me please
First Aid (a water focused two day course)		
RYA Powerboat Level Two		
RYA Safety Boat		
VHF Licence		
RYA Assistant Instructor		
RYA Dinghy Instructor		
RYA Senior Instructor		
Anything else relevant		

We also need volunteers to help out on the overnight camp, BBQ night and "Fun Night". Any further suggestions you have for events or activities throughout the Summer - please let us know...

## REMINDERS FOR FRIDAY NIGHT

1. Bring Life Jacket / Buoyancy Aid to each session
2. If your child is wearing a wetsuit, then please supply a windproof outer layer to help reduce wind chill - Small children get extremely cold, often due to lack of sufficient warm clothing
3. Provide a warm change of clothing and bring a towel to each session
4. Wear suitable footwear: either wetsuit boots or trainers / deck shoes (not Crocs). No bare feet allowed in a dinghy!

## CHECKLIST FOR APPLICATION

Make sure you enclose with application form with:

- All questions fully answered
- A Juniors' Form completed per child
- Parent and Junior signed the Under 16s Parental Permission Form (if racing)
- Your cheque for £45 per child
- A passport sized photograph for each child
- A report detailing any relevant health issues relating to the situation on the water, if appropriate.