

Junior Sailing Expected Behaviour Contract

Welcome onboard the HRSC Junior Sailing programme.

While learning to sail builds character, fun, discipline, responsibility and an appreciation of the outdoors, safety issues and accidents arise when sailors do not respect themselves and others. It is therefore critical that each sailor understands and supports the behaviours in this contract.

In adhering to the contract each of you will stay safe, have fun and have the opportunity to work towards achieving trophies and cups.

Please read carefully and acknowledge the behavioural requirements of the HRSC Junior Sailing Programme:

To the best of my ability, I will:

- Have good attendance and be punctual for 5.45pm (*repeated non-attendance will result in suspension*)
- Practice personal and team safety, both ashore and on the water (*no jumping off boats unless it is part of a training drill or instructed to do so by a supervising adult*)
- Give my best effort and be ready to be actively involved in the evening's activities with a positive attitude
- Treat instructors, HRSC staff, and fellow teammates with politeness and respect
- Bring all necessary weather appropriate gear, including a lifejacket, wetsuit, wetboots and swimmers
- Stay with my instructor, either on shore or on the water, until given permission to leave by a member of the sailing staff
- Accept and follow the directions and assistance of the sailing instructors
- Respect and help to maintain boats and equipment
- Keep the sailing club bar/restaurant/balcony areas, shower rooms, hallways and training/children's room tidy and as dry as possible (*mop and bucket always available*)

Possible Consequences

- *First Breach:* Sailor receives a warning from the instructor and the incident is documented by the club
- *Second Breach:* Parents receive a phone call home from either the Sailing Captain or Committee member to discuss the problem and arrange a plan of improvement
- *Third Breach:* Parents will be asked to remove their sailor from the program for the duration of the summer (with no refund) and their place taken by the next junior sailor on the club waiting list

I understand the expectations and consequences of the HRSC Junior Sailing Programme. I promise to do my best to fulfill these expectations.

Sailor's Signature _____ **Date**

Parent/Guardian's Signature _____
Date _____