



Helford River Sailing Club

Yacht Racing

SAILING INSTRUCTIONS FOR PURSUIT RACES 2026

1. RULES

- 1.1. The Event will be governed by the 'rules' as defined in the RRS, including Appendix C and the HRSC Yacht Racing Sailing Instruction 2025.
- 1.2. Add to RRS 41: (e) help to recover from the water and return on board a crew member, provided the return on board is at the approximate location of the recovery.
- 1.3. Rule A5.3 will apply.
- 1.4. Delete RRS C6.3 and replace with: A boat intending to request redress because of circumstances that arise while she is racing or in the finishing area, shall clearly display a red flag and notify the Race Officer, as soon as possible after she becomes aware of those circumstances but no later than two minutes after finishing or retiring.
- 1.5. The Race Committee (RC) may comprise any or all of the following in order of precedence: -
 - 1.5.1. Race officer(s) on board committee boat
 - 1.5.2. Rear Commodore Sailing
 - 1.5.3. Captain Yachts
 - 1.5.4. A nominated representative of each entered boat.

2. ENTRIES and ELIGIBILITY

- 2.1 Entries will be accepted only from owners or their representatives who are members of a PoFSA club (including HRSC) and have completed and submitted a valid entry form and whose boat displays sail numbers in compliance with RRS Appendix G.
- 2.2 Under sixteen-year-olds may enter or crew only if their parent or guardian has given their permission and completed and signed the parental permission form provided.
- 2.3 The Entry Form for all yacht racing can be found on the HRSC website shall be submitted on-line. To be eligible to enter any race an Entry Form must be completed and submitted. No specific Entry Form is required for these races.
- 2.4 RYA YTC ratings will be used for this race. A copy of a relevant rating certificate must be submitted.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the HRSC website, the Helford Yacht Racing WhatsApp group page and/or the HRSC Yacht Racing Facebook page.
- 3.2. Signals made ashore will be displayed from flagpole on the HRSC clubhouse slipway.

- 3.3. Pursuit start times will be posted on the notice board and/or on the HRSC Yacht Racing Facebook page and/or WhatsApp Competitor group.
 - 3.4. All racing announcements and communication once afloat will be made on VHF Channel P4/M2
- AMENDMENTS TO THESE SAILING INSTRUCTIONS
- 3.5. Amendments to the SI made ashore will be posted at least 45 minutes before the start of any race affected.
 - 3.6. Amendments to the SI made afloat will be made on VHF Channel P4/M2.

4. EVENT FORMAT and STARTING SCHEDULES

- 4.1. The course set will be based upon the desired duration of the race and the distance covered by boat with a RYA YTC rating of 1000 and boat speed of 4.5knots (across the water).
- 4.2. Duration of Races will be as follows :
 - Sunday Pursuit Races - 90 minutes
 - Long Sunday Pursuit Races – 150 minutes
 - Wednesday Evening Mini Pursuit Races – 45 minutes
- 4.3. The START times of boats will be calculated using the RYA YTC Pursuit Race Calculator and will be posted on the HRSC Yacht Racing Facebook page and to the Helford Yacht Racing WhatsApp group. The start times of any boats who have not submitted an Entry via the HRSC Entry Form system will be given by the Race Committee based on their RYA YTC rating (or a rating allocated at the Race Committee's discretion) using the same formula.
- 4.4. Competitors should notify the Race Officer of their intention compete approximately 10 minutes before their stated start time. This can be done by radio (VHF Channel P4/M2).
- 4.5. The start and finish lines will be a line drawn between the speed limit markers on the North and South banks of the estuary at the Narrows. If possible, a Committee Boat will be on station for both the start and the finish. If the Committee Boat is on station the start and finishing line will be a line drawn between the speed limit marker on the South bank of the estuary and the Committee Boat. If no boats have completed the course at the expiration of the Duration of Race (45, 90 or 150 minutes), the finish will be the next mark of the course rounded by the first yacht after the Duration of Races stated above.
- 4.6. If the leading yacht reaches the last mark of the course before the Duration of Races has lapsed (from the start time of the first boat) then the race shall be extended by repeating the first and the penultimate marks until the finish time of the Duration of races is reached.
- 4.7. If there is a committee boat then the RO aboard will take finish times, otherwise yachts should record their own finish time (by GPS clock) and the finish times and position of the boats that finished in front and behind them and complete a finish form on their return to the clubhouse. Alternatively, they may report their time to the RO by VHF radio but in which case errors in recording will not be grounds for redress.
- 4.8. If possible, a Committee Boat will be on station for both the start and the finish. Finishing order (and times) will be recorded by the Race Officer on the Committee Boat. In the event the Committee Boat is not on the finishing line, then each boat should make note of their finishing time, the name/sail number of the boat finishing immediately before them and the finishing time and the name/sail number of the boat finishing immediately after them. These records must be notified to the Race Officer as soon as is practicable after the race.

5. COURSE

- 5.1. The Course for each race will be posted on the HRSC Facebook page and to the Helford Yacht Racing WhatsApp group.

- 5.2. Regardless of the set course. all boats shall sail
 - 5.2.1. Seaward of the August Rock buoy
 - 5.2.2. North of North Voose Cardinal buoy
 - 5.2.3. South of Bar buoy
- 5.3. A dive boat displaying flag “A”, an orange pillar buoy indicating a diver on the surface, a diver or a swimmer on the surface are obstructions around which competing yachts MUST maintain a 30m exclusion zone.
- 5.4. At the discretion of the Race Officer, the course may be shortened to any mark on the course. The shortened course will be notified to the competitors by VHF radio (Channel P3/M2).

6. PROTESTS AND REQUESTS FOR REDRESS

- 6.1. A link to the Hearing request form are available on the Yacht Racing page of the HRSC website. Protests and requests for redress or reopening shall be delivered to the Race Committee within the appropriate time limit. The protest time limit is 60 minutes after the last boat has finished the last race of the day.
- 6.2. Notices will be posted on the HRSC Helford Yacht Racing WhatsApp page no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where and when the hearing will be held.
- 6.3. Notices of protests by the race committee will be posted to inform boats under RRS 61.1(b)

7. DISCLAIMER

- 7.1. All those taking any part in the event do so at their own risk. The OC (HRSC), its associates and appointees accept no responsibility for any loss, damage, injury or inconvenience incurred, howsoever caused.

8. ABBREVIATIONS:

FB – HRSC Yacht Sailing Racing FB page - <https://www.facebook.com/groups/182435898564721>

HRSC – Helford River Sailing Club sailing committee

NoR – notice of race

RC – race committee

RO – Race Officer aboard the Committee Boat

RRS – racing rules of sailing 2021-2024 as published by the RYA

RYA – Royal Yachting Association

OA – Organising Authority -- HRSC

PC – protest committee

SI(s) – sailing instructions

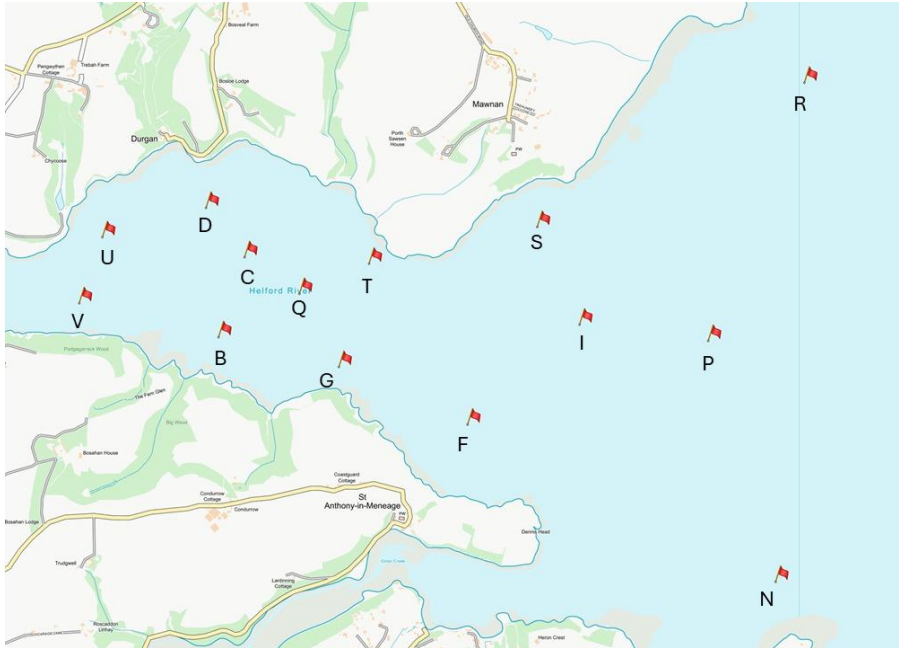
9. APPENDICES

Note the appendices are given for information only.

Appendix A – START TIMES

There will be a single fleet with start times for each race as shown on the HRSC Yacht Racing Facebook page and to the Helford Yacht racing WhatsApp group.

Appendix B – HRSC Racing area and Marks



The race area for long pursuit races may be extended to include the whole of Falmouth Bay including an area to the west of a line drawn between The Manacles and Pendennis Point.

Course marks and positions/descriptions.


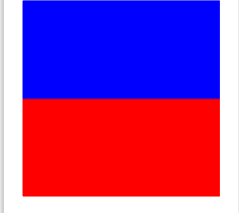
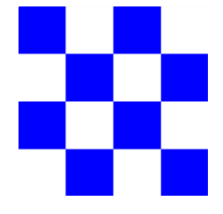


NOTE: Not all marks may be present, and the positions of some may change during the season.

Mark Name	Code	Position	Description
Bosahan	B	N 50° 05.81' W 005° 06.78'	White drain pipe Off Bosahan beach
Central	C	N 50° 06.00' W 005° 06.85'	White drain pipe Central river opp. Durgan
Committee	Q	N 50° 05.91' W 005° 06.52'	Yellow bouy. Central river between Toll & Gew
Durgan	D	N 50° 06.09' w 005° 06 .62'	White drain pipe Durgan, south of moorings
Dennis	F	N 50° 05.59' W 005° 05.72'	Yellow bouy N of Dennis Head
Eastern	E	N 50° 05.25' W 005° 03.19'	Yellow buoy NE of Nare Point
Gew	G	N 50° 05.78' W 005° 06.48'	White drain pipe S of river opp. Committee
Inner Pilchard	I	N 50° 05.79' W 005° 05.63'	mid way between shag and dennis
Maenporth	M	N 50° 07.50' W 005° 04.04'	Yellow buoy Off Maenporth beach
Manacles	A	N 50° 02.81' W 005° 01.91'	East Cardinal buoy
Nare	N	N 50° 05.30' W 005° 04.93'	Yellow buoy WNW pf Nare Point
Pilchard	P	N 50° 05.79' W 005° 04.89'	Yellow Buoy Central river between August Rock & Nare Point
Rosemullion	R	N 50° 06.07' W 005° 04.41'	Yellow buoy SE Rosemullion Head
Shag	S	N 50° 06.01' W 005° 05.47'	Yellow buoy Under Mawnan Church
Toll	T	N 50° 05.97' W 005° 06.30'	White drain pipe Off Toll Point
Turning Mark	U	N 50° 06.03' W 005°.7.106'	White drain pipe Off Trebah beach
Voose	V	N 50° 05.86' W 005° 07.12'	White drain pipe S side of river opp. Turning Mark

Appendix C - Flags used

The following flags may be used by the committee boat (if applicable) or other boats in the river during racing.

NOTE – this section duplicates the information in the RRS and is for information only

Flag	Picture	Meaning
A (may also be an orange pillar mark)		I have a diver down - keep at least 30m clear
E		Class flag for all SINGLE start races
N		To be flown from Clubhouse Racing is cancelled
S		Race is shortened
Z		Class flag for SECOND start (if used)