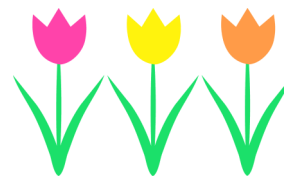




HELFORD RIVER SAILING CLUB

SPRING NEWSLETTER—APRIL 2018



Commodore's Report

As many of you will be aware the tidal surge, caused by Storm Emma on 1st March, caused a lot of damage to the pontoon, the heart of the Club's infrastructure. Then, the following day, a tree trunk was swept under the seaward pontoon. I am pleased to confirm that our insurers and the underwriters have reported that the loss is recoverable and have no objection to us authorising Falmouth Divers to commence work on the repairs, which we hope will start on Monday 26th March.

However the Club will be paying for elements considered to be part of general maintenance. Therefore we will be organising fundraising events to contribute towards this extra expenditure throughout the year.

I am pleased to see that our new stewards Alex and Patrizia are settling in so well. They are both good chefs and I am encouraged to see the Club is now busy with Members enjoying their food and drink.

I would like to thank all the Committee members for their support and hard work and wish all Members a successful and enjoyable year on and off the water.

John Bolitho
Commodore

We hold a large number of Members' email addresses on our secure Club database. Although we have many addresses it would be helpful to have as many more as possible to ensure that all Members can be contacted quickly to inform them of all Club events or any important news items or notices. Please let us have your email address – it won't take a moment. You can email it to hrsc-admin@btconnect.com or call the Club office on 01326 231006. Your personal details will be held in accordance with the Club's existing privacy policy and will be destroyed if you cease to be a Member.

Thank you

Sailing Club Manager (Members Portal)

Log in to your Members Portal to update your profile and see What's On. See our 2018 Yearbook for details. Alternatively go to the Club website www.helfordriversc.co.uk and click on the link to Sailing Club Manager.

Water Activities at HRSC

I'd like to encourage Members to come out more to the Tuesday and Saturday dinghy sailing sessions. Please don't feel you need to know a lot about sailing even if you have been a Member for a long time. It is the shared love of being out on the water and having fun that is most important. If you know more than a beginner then you can share your knowledge with an eager learner!

Also please can Members put their rave reviews on Facebook plus any pictures or videos. The more wonderful images we have on the site, the more it will attract new Members.

Thank you

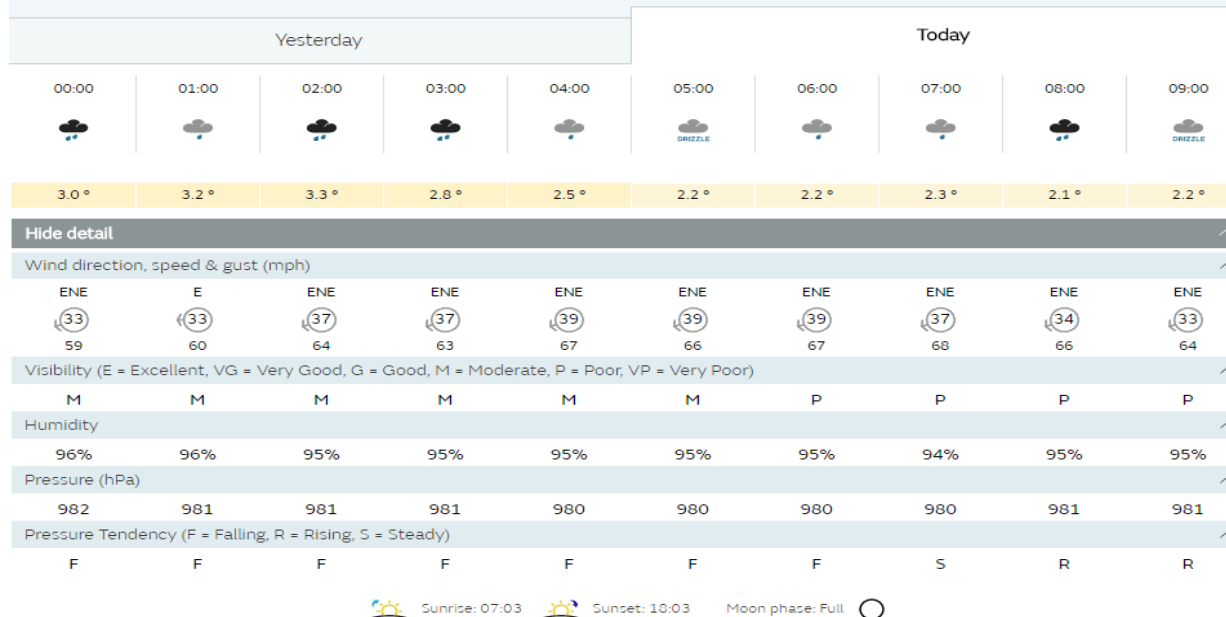
Daniella Wilson
Captain Water Activities

Dinghies Spring Report

Writing on 2nd March after 6 inches of snow evaporated last night at Treworval, whisked away by a balmy 2-3C force 7 gusting 11 we are amply reminded that Spring doesn't start until the 20th March. Commodore John Bolitho needed no reminding as he headed up the team to salvage the eastern arm of the Club's pontoon. A Spring tide and maximum exposure to an easterly was the "perfect storm" in the Helford.

Culdrose

Nearest observation site to Falmouth Bay



Date	HRSC Dinghy Series 2018	Start	High Tide	m
Sun-08-Apr	Try Out / Safety Refresh	10:30	11:02	3.9
Thu-12	Race Theory - VHF / PMR	19:00	16:10	4.3
Sun 15th	Racing Starts	16:00	18:02	5.0
Thu-10 May	Laser Plate	18:30	20:36	1.7
Sat-26	RYA Push the Boat Out	12:00	16:11	4.6
Thu-07 Jun	Laser Plate	18:30	18:33	1.8
Sun-01-Jul	Mounts Bay Open	TBC	20:13	4.9
Thu-05	Laser Plate	18:30	22:44	4.5
Sat-07	HRSC Regatta & RYA OB	12:00	12:21	4.2
Sun-22	May Cup	13:00	14:10	4.1
Thu-23-Aug	Laser Plate	18:30	23:03	1.4
Sun-26	Race to Percuil Regatta	16:00	18:27	5.1
Sun-16 Sep	Autumn Bart's Bash	10:30	10:12	4.5
Wed-07-Nov	Wash-Up	19:00	23:46	0.3
Fri-07-Dec	Dinghy Prize	18:30	17:15	5.0

Captain Dinghies

Stephen Brooks helforddinghy@gmail.com

Dinghy Dates for Diaries.

We are particularly keen to work up new Safety Boaters & ARO's to the needs of Dinghy Racing with Si Drakeley so we will use the 2nd week in April as a refresher – a work in progress.

Racing starts in earnest on the 15th and it won't be long before Angie Watson and Daniella Wilson will have prepared us all for the RYA PTBO.

July & August will be busier than ever with forays abroad for silver. Looking forward to the return of St Mawes Fleets

The old adage about March being "in like a lion out like a lamb" was certainly true this year.

In this part of Cornwall we hardly ever get any snow due to the microclimate created by the Gulf Stream. Well it didn't hold true this year thanks to "The Beast from the East". With snow forecast for west Cornwall for 28th February and forward it certainly came down and created a picture rarely seen in the area with many roads impassable and cars abandoned everywhere. It was a bit chaotic to say the least and all happened as was predicted by the meteorologists. The next prediction was Storm Emma!

Storm Emma was due to hit us on 1st March during the night and hit us it did! I slept through the storm and saw nothing untoward as I carried on with my work. A phone call at 8.30am told me of the damage to the Sailing Club and the village of Helford. I called my son Ed to go down to Helford to see what could be done and John Bolitho, the Commodore, was there along with a few other Club Committee members who started the clear up.

Nine dinghies had been washed off the dinghy park and all of them had been secured to the dinghy racks which are all bolted to the concrete. Many of these racks were ripped from the concrete and washed along with the dinghies off the dinghy park into the maelstrom that was the Helford River. There is evidence of the water one metre above the dinghy park.

The other damage to our Cub was to the pontoon. The storm surge that seemed to have raced up the river had lifted the pontoon off the pile which holds the bridge end secure. This then caused the bridge to come off the pontoon and damage one of the floats.

What no-one could ever have imagined was that the ground anchors that hold the pontoon in place were pulled from the river bed causing the eastern side to swing around and come into contact with the western side.

A few of us there made a decision to make the pontoon as secure as we could while the tide was out. We secured the two arms to stop them colliding and we then took into consideration what damage may be caused by the bridge. It could be considerable with the swell still strong in the river and the thought to remove the bridge was sound which we did, the hinge pins knocked out and the bridge lifted down with a telescopic handler and placed on the dinghy park awaiting the repairs. Thanks must go to all helpers, many staying til all was as secure as it could be and repairs are programmed in for this coming week.

While we suffered damage it was as nothing compared to some other places, St. Anthony was hit extremely hard with large boats washed onto the road. Porthallow, Porthoustock and Coverack also suffered damage. Probably the worst pictures I have seen are from Holyhead in North Wales which show damage comparable to a hurricane.

Our thoughts are with all those now in the process of clearing up the devastation caused by Storm Emma.

Chris Hosken

Rear Commodore Sailing

We hold a large number of Members' email addresses on our secure Club database. Although we have many addresses it would be helpful to have as many more as possible to ensure that all Members can be contacted quickly to inform them of all Club events or any important news items or notices.

To comply with the new Data Protection rules that come into effect on 28th May this year Members will have to give positive consent for their data to be stored and processed and such information must be freely given, specific, informed and unambiguous. The new rules also state that individuals will have a greater right to require that personal data held about them be deleted.

Members' details will be held on our computer system and will not be used for any purpose other than dealing with membership issues and disseminating information about Club events. They will not be passed on to a third party. Personal details will be permanently destroyed upon written request to terminate your membership. The front page of membership applications will no longer be displayed in the clubhouse but will be held securely in the Club office until consideration at the next general Committee meeting.

Peter Lethfead-Currie

Honorary Secretary

DONATE A LASER

HRSC Junior Teen Racing



Laser Standard



Laser Radial



Laser 4.7



Simon Filmer of Helford River Camping generously donated his Laser for youth training and racing in 2017.

HRSC Juniors now need just 3 more.

GOOD condition Lasers

New Lasers cost £5,000 so $x 3 = £15,000$ - way beyond the Juniors Budget. So we would love your Lonely Laser

Put delicately, your **pristine** (no flowerbed or hedge gap fillers please) Laser is required for a good cause – but not the best of homes.

Contact

Lizard: Captain Juniors:

[Nick Glossop juniorsailinghrsc@gmail.com](mailto:juniorsailinghrsc@gmail.com)

Mainland: Captain Dinghies

[Stephen Brooks helforddinghy@gmail.com](mailto:helforddinghy@gmail.com)

This year the Committee is making a special effort to increase the membership of the Club. In particular we will be encouraging local residents to join.

With this in mind we will be taking out Temporary Event Notices, otherwise known as TENS licences for particular events. A TENS licence will allow non-members to attend the Club and purchase alcohol without being signed in by a Member. In other words it means that during these events the Club will open to non-members.

The first of these events will be the Big Spring Party on Saturday 21st April. 'The Soundcasters', a popular band from Kent, already known to many locals having played previously many times at The Shipwrights, will be headlining. Our new stewards Alex and Patrizia will be serving internationally inspired street food.

From Saturday May 26th to Friday 1st June the Club will be open to non-members. This will be a great opportunity to promote the Club at the start of the season. It will allow non-members to experience what the Club has to offer both on the water and in the clubhouse during a whole week. On the Saturday they will be able to try the activities we are organising for the 'RYA Push the Boat Out' event. You will be hearing a lot more about this event.

Invite your friends and neighbours so they can experience the friendly and welcoming atmosphere of HRSC.

We will ensure that non-members are aware that parking in the Club car park is only available for Members.

Angie Watson
Vice Commodore

Adult Sailing

A reminder that adult sailing sessions will start again on Tuesdays and Saturdays towards the end of April. This year, due to the terrible weather, we are late in starting antifouling and re-rigging the Club Wayfarer fleet but things seem to be improving now and in the next three weeks we will be busy getting ready. If you would like to join us for a bit of boat maintenance then taking to the water in genial company please contact myself or Angie Watson for details ...or watch the Club website www.helfordriversc.co.uk where we will advertise the date of the start of our 2018 sailing season.

Paul Randall
Captain Adult Sailing
paulfrandall@hotmail.com

Junior Sailing

It's all go at Junior Sailing HQ. The application forms are coming in and being sorted, there have been instructor meetings and the equipment is being checked. This year looks to be a bumper season so it's all hands on deck! If anyone would like to join in and volunteer some of their time to help out they will be made very welcome. Just email me on juniorsailinghrsc@gmail.com.

Thank you

Nick Glossop
Captain Juniors

CLUB OPENING TIMES**Spring/Summer 2018****Until Sunday 27th May inclusive**

Tuesdays to Saturdays Restaurant 18.00 to 21.00

Bar 18.00 to 23.00

Sundays

Restaurant 12.00 to 14.30

Bar 12.00 to close

Mondays CLOSED except for Bank Holidays when we are open for lunch and dinner

Monday 28th May to Sunday 1st July

Tuesdays to Saturdays Restaurant 12.00 to 14.30 & 18.00 to 21.00

Bar 12.00 to 15.00 & 18.00 to 23.00

Sundays

Restaurant 12.00 to 14.30

Bar 12.00 to close

Monday 2nd July to Sunday 2nd September

We are open every day as follows:

Breakfast 09.00 to 10.30 (advance bookings only)

Lunch 12.00 to 14.30

Dinner 18.00 to 21.00

Bar 11.00 to close

Please check our website www.helfordriversc.co.uk for any amendments to these times.

You can also check out menus, opening times and Club events on
Alex & Patrizia's own website

www.todaysmenu.co.uk

For all Members who sign up a new Member, we will offer you a free drink on the house! This excludes Holiday Members.

We are working on offering RYA courses at the clubhouse.

Please all Members write to me if you are interested.

Thank you

Daniella Wilson
Captain Water Activities
wateractivities@helforddriversc.co.uk

Three months into the 2018 HRSC year and my role as Rear Commodore Sailing, the recent storm has been a baptism of fire but hopefully all repairs will be completed very soon. Each Captain: Dinghies, Yachts, Safety Boats, Wayfarers, Juniors and Water Activities is getting his or her calendar in place to have a continuous programme of sailing each and every week of the season.

Although our keelboat fleet has been somewhat light for a few years we are hoping with some new ideas and innovative ideas from Captain Yachts, Dom Brandreth, that we may encourage a few more out for some casual racing. It need be only as competitive as you wish or even only a social cruise around a course within our race area.

Captain Dinghies has completed the dinghy calendar for the season, again with some longer races, maybe even going abroad to St Mawes!

The rescue boats are pivotal to dinghy sailing and used on an almost daily basis in one role or another so to keep them running is of paramount importance to the sailing season.

The Wayfarer fleet has in the past run itself with the enthusiastic crews who run the sessions and maintain the fleet. This group has in the past year encouraged many people to come down on a Saturday to sample sailing which was a great success with up to 20 people sailing on some weekends. With the increase in the use of these Club boats it was suggested we elect a Captain Adult Sailing to represent the group on the Committee.

Another new post on the Committee is Captain Water Activities. The amount of kayaks on the river and used by so many is evidence of the growing interest in other water activities and this, along with paddle boarding, will I'm sure continue to grow year on year.

The junior sailing sessions on Friday evenings are a sight to behold with 30 odd juniors out on the water plus 8 to 10 volunteer dinghy instructors. Teaching them is a logistical challenge which is handled very efficiently by Captain Juniors Nick Glossop along with our ground crew checking sailors in and out at the start and finish of each session.

The five new instructors trained last year has made a huge difference to the team. Kitty Brogden, Ed Hosken, Rebekah Hosking, Jim Lee and Megan Williams are an enthusiastic group who have added a new dynamic to junior sailing all working with the "more mature instructors" (older) and experienced working together. I as Senior Instructor take an overview of the sessions each week assessing all aspects of the training. Sometimes I motor around, sometimes I sail with the different groups which is an enjoyable way of seeing how the training is progressing.

The RYA's 'Push The Boat Out' event will be taking place again this year. This is to promote sailing and water activities taking place throughout the country at dates throughout May. HRSC will be holding this on 26th May from 1200 hrs onward when we will have opportunities for anyone to have a go at different types of sailing. We may also have more activities through the week which will be advertised on the HRSC website.

I hope to see many of you in the clubhouse during the season. It is a privilege to represent the members of the Club as Rear Commodore Sailing and I look forward to working with the sailing team and Committee in this role.

Chris Hosken
Rear Commodore Sailing



HRSC SOCIAL CALENDAR SPRING and SUMMER 2018

APRIL

- Friday 13th Charles Richardson and Jonathan Thornton from the Helford River Children's Sailing Trust will talk about their exciting plans to develop Trevassack Lake on the Lizard as a learning centre for Special Needs children 2000hrs start.
- Saturday 21st Big Spring Party with the fabulous band 'The Soundcasters'. Come along to the Club and join in the fun. Eat, drink and dance the night away! Internationally inspired street food will be served throughout the night. Music from 2000hrs. This event is open to non-members so bring your friends, family and neighbours.
- Wednesday 25th Ladies Who Launch Lunch 1230 hrs.
- Friday 27th Our MP Derek Thomas is hosting a 'drop in' surgery at 1330 hrs. All welcome.

MAY

- Saturday 12th Quiz Night 2000 hrs.
- Saturday 26th - 1st June 'RYA Push the Boat Out' Week - details to follow.

JUNE

- Sunday 17th Fathers Day Big Breakfast followed by a Dog Walk around Helford. Bring your well behaved canine friend.
- Thursday 28th Pre L'Aber Wrac'h Champagne Recovery Party. A celebration of the arrival of the L'Aber Wrac'h race crews with food and live music. Champagne and Pimms 18.30hrs to 19.30hrs. Race office opens at 19.00hrs.
- Friday 29th 59th Annual Helford - L'Aber Wrac'h Race

JULY

- Tuesday 10th Classic Boats from France will visit the Club
- Sunday 22nd May Family Cup for dinghy races

AUGUST

- Sunday 12th HRSC will be hosting the first day's racing of Falmouth Week 2018. This is our biggest social event so come along and enjoy great food and music. There will also be the legendary afternoon teas for the race crews. All welcome.

There are many more social events in the pipeline such as an evening with the Cadgwith Singers with beer tasting, gin tasting, late night film shows, more Ladies Who Launch lunches and by popular demand on 22nd September ELVIS will be back in the building. All social events and opening hours are posted on our Facebook page and on the Club website www.helfordriversc.co.uk

If you haven't already given us your email address please send it to Penny so we can keep you informed of what's on in the Club. Call 01326 231006 or email hrsc-admin@btconnect.com



Spring has Sprung

Ahhh Spring!! My favourite time of the year. Full of promise and of course at last, the clocks have gone forward to BST. Yahoo!!

Laying on the floor of Dave Church's garage painting anti-foul on the bottom of the RIB doesn't come top of my list of exciting things to do. With the garage door open and minus 1 degree centigrade without the wind chill, Dave and I worked together like a well oiled machine! Surrounded by inquisitive chickens and regularly supplied with copious amounts of tea by Sue made the job a little easier. (Thanks Sue)

All worth it though as the boats are now all ready and spruced up for the season ahead.

I am humbled by the amount of people who have approached me to help with the safety boat and the committee boat. Thank you for volunteering and I really hope you have a safe and enjoyable season as part of the team.

Training was delayed slightly by the 7 metre surge tide that put paid to half of the pontoon for a while and therefore delaying the launch of the RIB. However by the time you read this, we will hopefully be well into both refresher training and courses for new crew and RO boats.

Some of the refresher topics we will be covering this season are as follows:

- Tides, Tidal Flows and chart depths.
- IALA A Buoyage System
- IRPCS Coll Regs
- Anchoring
- Avoiding risk during High Speed Manoeuvres (The Hook)
- Coming alongside pontoons and other vessels
- Towing
- Recovering a capsized boat and crew
- Man Over Board MOB
- Holding off a buoy
- General handling in close quarters
- Safety Checks and crew briefing
- Safety on the Helford
- Specific risks in the Helford Channel/Bay and other vessels
- VHF use and correct phraseology.
- Emergency Procedures

I look forward very much to seeing you all on the river soon and wish everyone a fantastic season at the HRSC.

Simon Drakeley
Captain Safety Boats